

Self Lined Relaxed Fit Beanie Hat

Sewing Instructions

FABRIC REQUIRED:

You can make 2 Hats with **1.0m (39")** OR 4 Hats with **1.5m (60")** (of 150cm (60") wide fabric.

~ **Choose a knit fabric** with 2-way stretch. (i.e. cotton, rayon or bamboo knits, t-shirt knit)
Keep in mind that lighter weight, breathable fabrics are more comfortable and versatile.

~ Notes About Knit Fabrics:

- ~ The Right Side of the fabric is a smooth surface and looks like small vertical lines.
- ~ Be sure to keep it square so that folds lay flat and the raw edges match up without pulling or stretching the fabric when cutting and sewing. Taking care during this step will ensure that the item will not become distorted when laundered.
- ~ Using a ball point or stretch needle is helpful. You may need to adjust your machine tension.

~ **PREWASH FABRIC** as you would the finished garment.

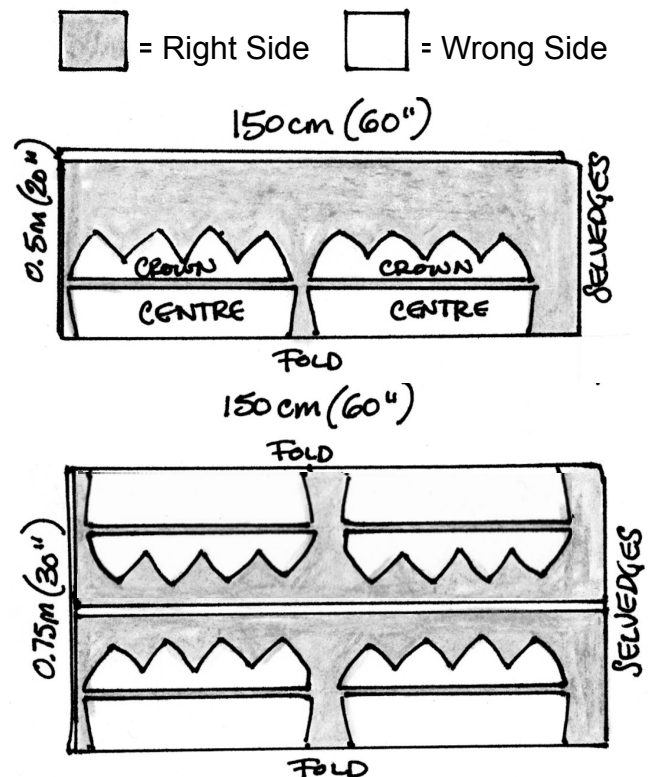
This will allow any shrinkage to happen before you sew. **DO NOT SKIP THIS STEP!**

~ **Pattern Printing Note:** *Print Page 4 first. Print Borderless and Full Size on 8.5x11" letter paper. Do not 'Shrink to Fit' or scale the images. Make sure that the 1" square on the printed pattern is 1" square before printing full pattern. Assemble paper pieces by taping together, matching letters as indicated.*

1. **Cut pattern pieces.** Cut 2 Crown Sections and 1 Centre Panel for each hat. The width should be along the fabric direction that has more stretch (as indicated on pattern). It is usually perpendicular to the selvage edge of the fabric.

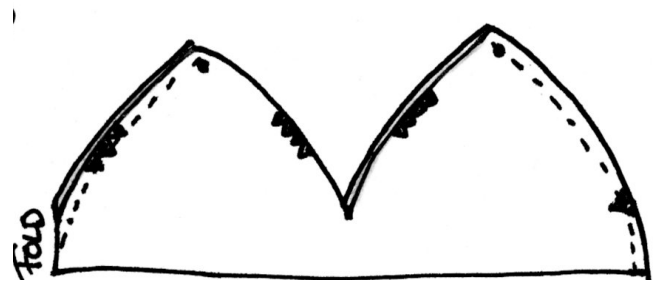
Pattern Marking Note:

When using knit fabrics and narrow seam allowances, mark notches with small clips or a washable/disappearing marking tool such as chalk, quilting pen to avoid holes in seams.

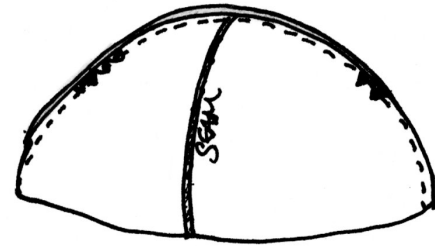


2. **Sew together.** Fold one Crown Section in half lengthwise, matching notches, Right Sides Together. Pin and Stitch back seam AND opposite curved seam using a wide zig zag, stretch stitch or 2 needle serger. Repeat with second Crown Section. Press seams to one side using a tailor's ham, or balled up towel.

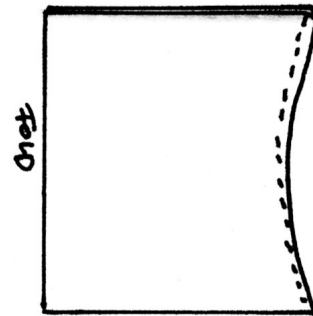
*****All seam allowances are 3/8".**



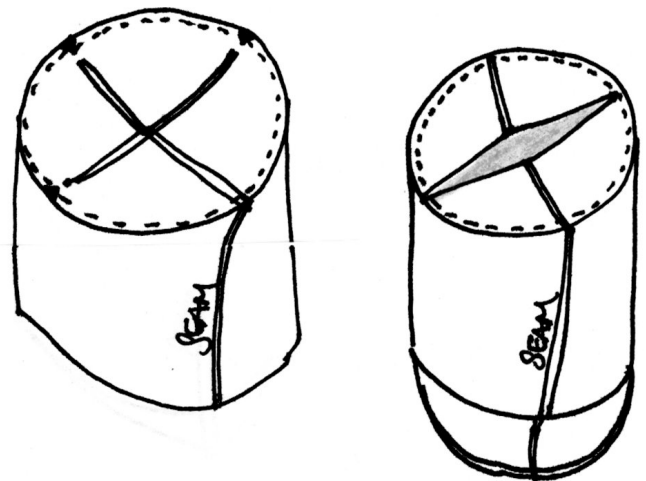
3. **Crown Shaping.** Fold **one** Crown Section Right Sides Together, matching crown seams at centre and remaining curved raw edges. Pin and stitch as one seam from one side to the other. Press seams to one side using a tailor's ham, or balled up towel. Leave remaining Crown Section open for turning later.



4. **Sew Centre Panel.** Fold in half lengthwise, Right Sides Together. Pin and Stitch back seam. Press seam flat using sleeve roll or rolled towel inside the tube.



5. **Assemble Sections.** Pin *Closed* Crown Section to Centre Panel, right sides together, matching seams and notches. Stitch. Repeat with *Open* Crown Section on opposite side. Press seams flat using a tailor's ham, or balled up towel inside.

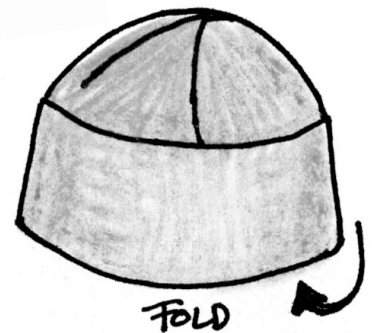
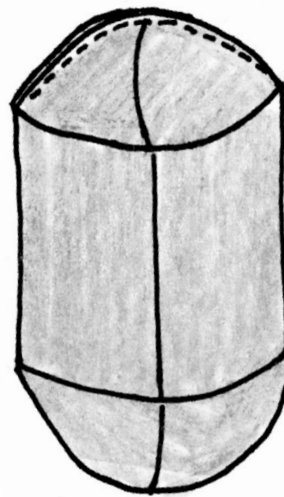


6. **Finishing.** Turn right side out. Match open curved seam Wrong Sides Together. Pin and Stitch closed. Weave in ends or backstitch and clip threads. Fold this seam to inside of hat, with Centre Panel folded in half to create lower edge of hat. Steam or lightly press fold. Optional: Tack layers together at intersection of top seams (machine top stitch or hand stitch 'in the ditch').

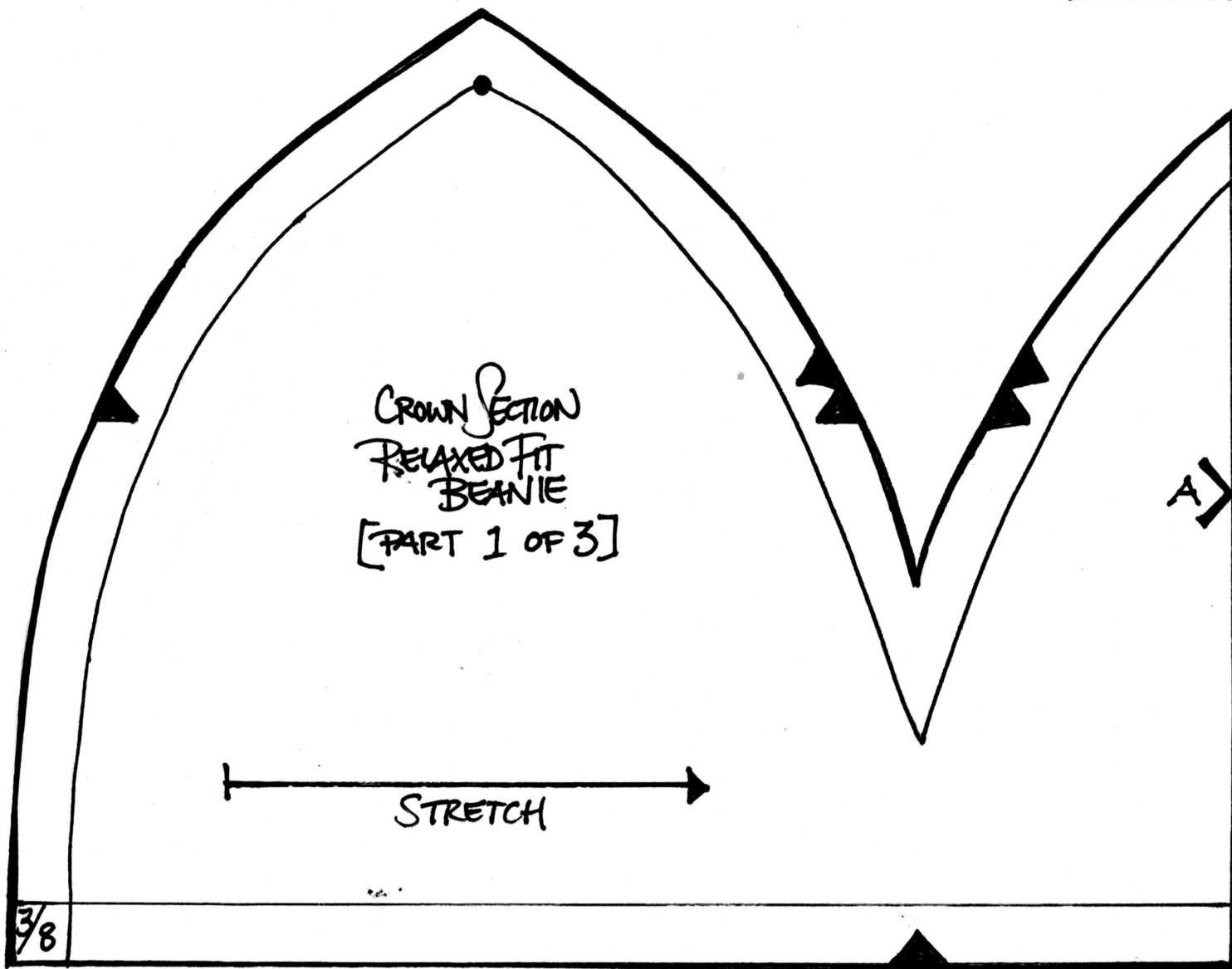
Lower edge can be folded up for cuffed look or scrunched/slouched for styling variations.

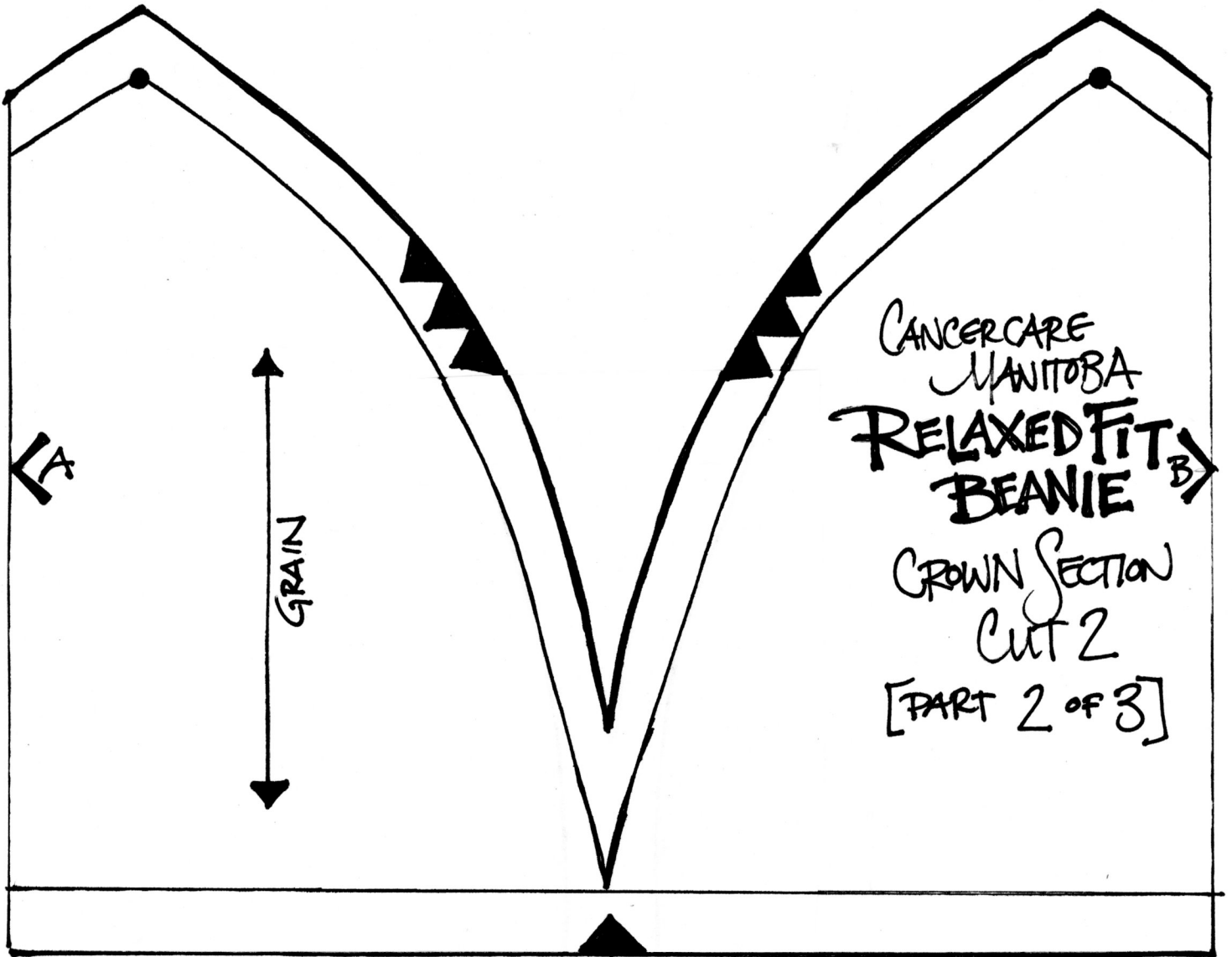
Centre Panel pattern may be shortened for a less slouchy variation.

*****Finished circumference should comfortably stretch to 22-23".**

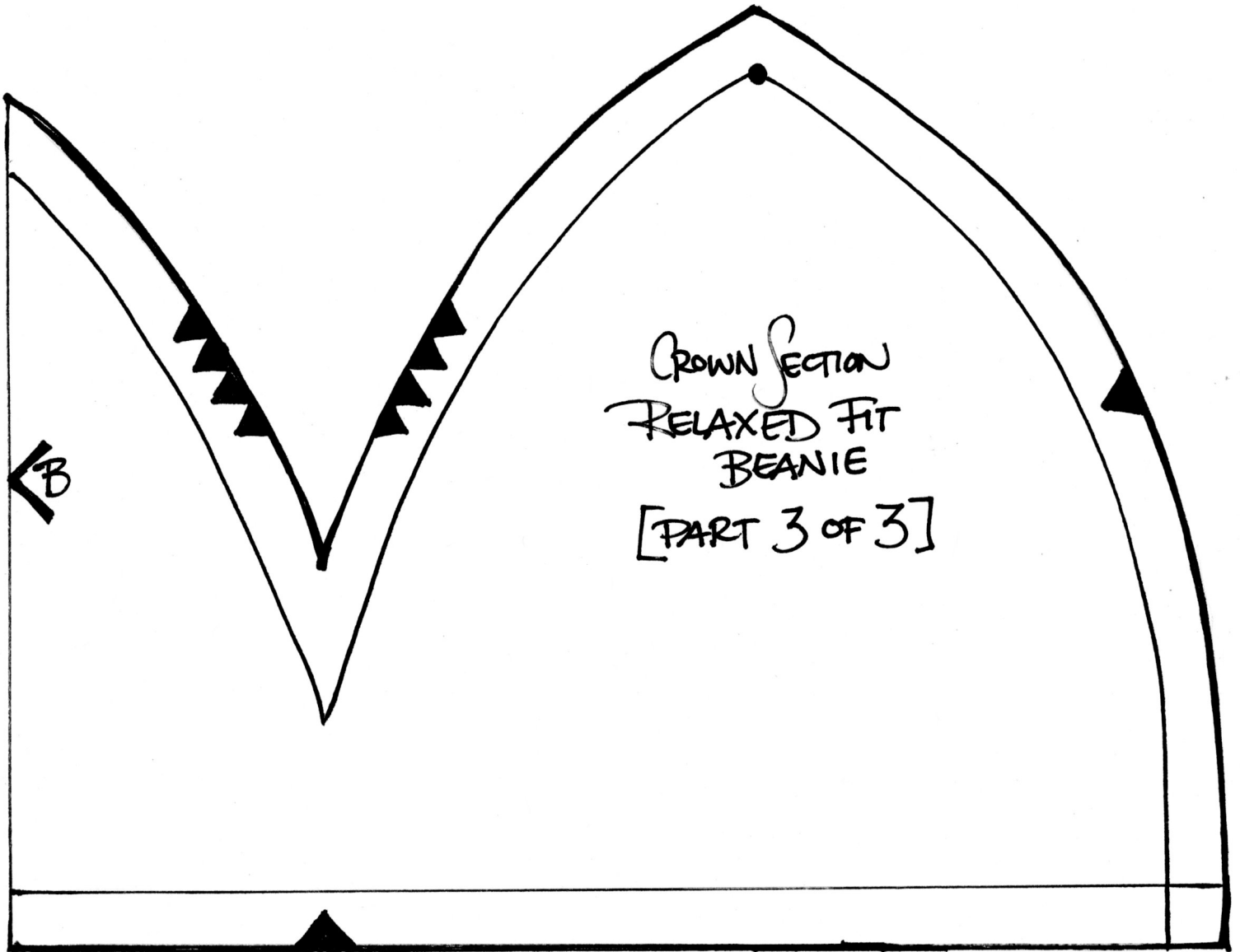


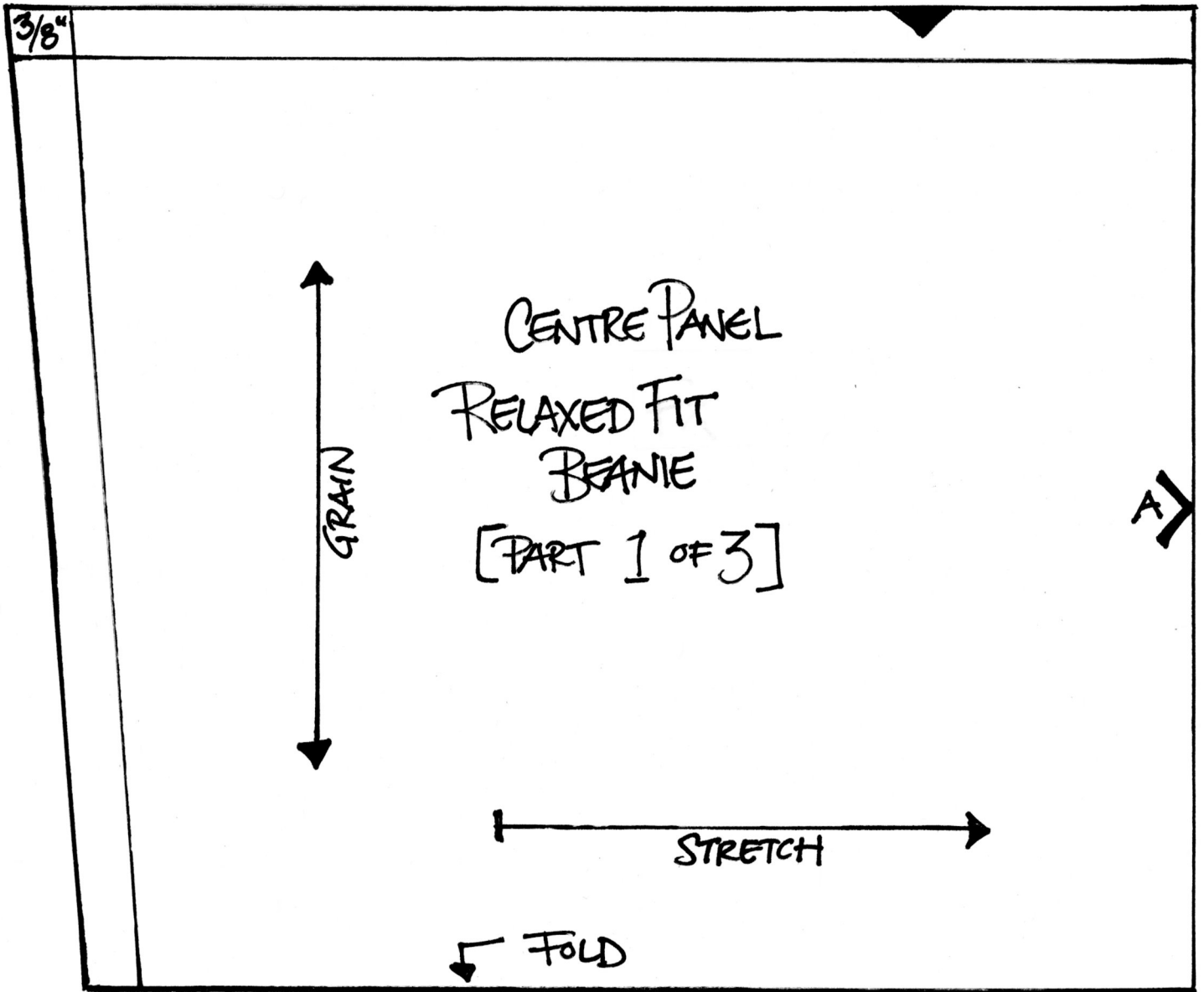
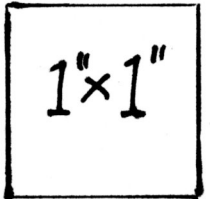
1" x 1"





CANCERCARE
MANITOBA
RELAXED FIT
BEANIE B
CROWN SECTION
CUT 2
[PART 2 OF 3]





3/8"

CANCER CARE
MANITOBA
**RELAXED FIT
BEANIE**

CENTRE PANEL
CUT 1 ON FOLD

[PART 2 OF 3]

A

B

FOLD

